







NEWSLEMPER

ROTARY BYTES

Official Newsletter of Rotary E-Club of Bangalore Dist 3191









Our 1.2 million-member organization started with the vision of one man—Paul P. Harris. The Chicago attorney formed one of the world's first service organizations, the Rotary Club of Chicago, on 23 February 1905 as a place where professionals with diverse backgrounds could exchange ideas and form meaningful, lifelong friendships. Rotary's name came from the group's early practice of rotating meetings among the offices of each member.

OUR ONGOING COMMITMENT

Rotarians have not only been present for major events in history—we've been a part of them. From the beginning, three key traits have remained strong throughout Rotary:

We're truly international. Only 16 years after being founded, Rotary had clubs on six continents. Today we're working together from around the globe both digitally and in-person to solve some of our world's most challenging problems.

We persevere in tough times. During WWII, Rotary clubs in Germany, Austria, Italy, Spain, and Japan were forced to disband. Despite the risks, many continued to meet informally and following the war's end, Rotary members joined together to rebuild their clubs and their countries. Our commitment to service is ongoing. We began our fight against polio in 1979 with a project to immunize 6 million children in the Philippines. By 2012, only three countries remain polio-endemic—down from 125 in 1988.

OUR STRUCTURE

Rotary is made up of three parts: at the heart of Rotary are our clubs, that are supported by Rotary International and The Rotary Foundation.

Rotary clubs bring together dedicated individuals to exchange ideas, build relationships, and take action.

Rotary International supports Rotary clubs worldwide by coordinating global programs, campaigns, and initiatives. The Rotary Foundation uses generous donations to fund projects by Rotarians and our partners in communities around the world. As a nonprofit, all of the Foundation's funding comes from voluntary contributions made by Rotarians and friends who share our vision of a better world.

Together, Rotary clubs, Rotary International, and The Rotary Foundation work to make lasting improvements in our communities and around the world.







From the desk of Rotary E-Club of Bengaluru President, Rtn. Anupama Ramachandra

Dear Friends and Members of E-Club of Bangalore As we stand at the threshold of bidding adieu to 2023 and embracing the promise of 2024, I am honoured to reflect on the remarkable journey



Rtn. Anupama Ramachandra President

we've undertaken together as the Rotary E Club of Bangalore.

The past year has been nothing short of inspiring and impactful for our club. We've achieved numerous milestones, embodying Rotary's spirit of service above self. Among our proudest accomplishments, we celebrate the formation of not one, but two new Interact clubs and the establishment of a vibrant Rotaract Club at RV University. These endeavors have amplified our reach and enhanced our capacity to empower youth leaders within our community.

Furthermore, our commitment to educational enrichment materialized in the donation of computers to a school in Mandya District and a printer to a school in Bangalore. We recognize the pivotal role of education in shaping futures, and these contributions aim to facilitate a more conducive learning environment for students in need.







Our dedication to holistic health and awareness was evident through our successful programs focusing on menopause. By shedding light on this crucial phase of life, we've contributed to fostering understanding and support for women's health.

In our pursuit of global impact, we extended a helping hand by contributing \$1000 to support the construction of vital sanitation facilities in Ghana. Moreover, our enriching cultural exchange with the Rotary Club of Accra Industrial in Ghana stands as a testament to our commitment to fostering international understanding and collaboration.

Looking forward, we set our sights on ambitious yet achievable projects. We aim to champion initiatives that focus on preventing avoidable deafness through early screening, empowering schools with essential resources to educate an increasing number of students, fostering health awareness, promoting digital education, and supporting Rotary Youth Leadership Awards (RYLAAs). These projects align with our vision to serve humanity and create sustainable change.

As we embark on the New Year, I urge each member to contribute their passion, expertise, and resources toward strengthening our club's activities. Together, let us continue to embody Rotary's guiding principles and make a tangible difference in the lives of those we serve.

May the coming year 2024 be filled with unwavering dedication, fruitful collaborations, and boundless opportunities to make a positive impact.

Yours in Rotary Service Rtn. Anupama Ramachandra President, Rotary E Club of Bangalore







Rotary E-Club 3191 2023-24



September - December2023







SEPTEMBER BYTES



Rotary National Avoidable Blindness

Date: 3rd September 2023

The Rotary National Avoidable Blindness conference ended on 3rd September evening with good deliberations in five technical sessions. Several noted specialists from South India, leaders of Industry and leaders of Rotary in attendance. Both RI directors Rtn Ravi Subramaniam and Rtn Anirudh Roy Choudhury plus 8 Sittings DGs including DGs 3181 3191, 3192 and others with about 30 + eye surgeons and about 100 Rotarians from mainly 3181,3191,3192 participated . Deliberations on many aspects of AB ,1- non Cataract causes like, Corneal, glaucoma, Diabetic, Retinopathy, Age related Macular degeneration, Childhood Blindness including ROP, Congenital cataract, Squints discussed in simple way to sensitise Rotarians. Special session on corporates and AB , role of fund raising was discussed at length.



Orientation Program of new Rotaract Club today at the RV University

Date: 15th September 2023

Rotaract, a vibrant global movement, recently saw an illuminating orientation session led by the dynamic Rtr Girish. This event was graced by the inspiring opening remarks of Rotary E Club President Rtn Anupama Ramachandra and RVU Vice Chancellor Rtn YSR Murthy.Rtn Anupama Ramachandra, in her empowering address, highlighted the essence of Rotaract—a platform for youth to cultivate leadership, foster friendships, and channel their energies towards impactful service. Emphasizing the power of collaboration, she encouraged the new initiates to embrace the spirit of Rotary's motto, "Service Above Self."







Rtn YSR Murthy, the esteemed Vice Chancellor of RVU, echoed the sentiment of service and underlined the crucial role of education in shaping conscientious leaders. His words resonated with the essence of Rotaract's commitment to both personal growth and community welfare.

Rtr Girish, with unwavering enthusiasm, navigated the audience through the foundational pillars of Rotaract. Covering its history, ethos, and the manifold avenues it provides for personal and professional development, he illuminated the path for incoming members to contribute meaningfully to society.

The orientation session painted a vivid picture of the opportunities that Rotaract offers inspiring a new wave of passionate individuals ready to make a difference in the world.













OCTOBER BYTES



Gandhi Jayanti and Lal Bhadhur Shastry celebrations at SRNG Sampannappa Boy's Hostel 2023

Date: 2nd October 2023

President Rtn Anupama Ramachandra graced the 154th Gandhi Jayanti and 119th Lal Bhadur Shastri's Birthday celebration at SRNG Sampannappa Boy's Hostel on 2nd October 2023 as the Chief Guest. Secretary Mrs Mamtha and Rtn Siva Subramaniyam , the Managing Trustee of S.R.N.G Sampannappa Charities organized the event.Other members of RECB 3191 graced the occasion with their presence.



Mega Cultural Exchange Programme with Ghana Date: 15th October 2023

On 15th October, 2023, Mega International Cultural Exchange Programme was held, online, with Rotary Club of Accra Industrial, Ghana, of RI Dist. 9104, along with several Rotary Clubs of Dist. 9104. A full-house event, it was attended by District Governors of both RI Districts, 3191 and 9104. Rotarians of RECB, India and of Ghana displayed colourful cultural programmes. President of Rotary E-Club of Bangalore 3191, Rtn Anupama Ramachandra and the President of Rotary Club of Accra Industrial, Ghana, of RI Dist. 9104, International Service Director, Rtn Ashis Dutta, Cultural Director Rtn Nivedita Dutt and all the members of E-Club 3191 were part of the mega cultural programme with Ghana. The online event was hosted by Rtn Jayasree.













NOVEMBER BYTES



Installation Ceremony of Rotaract Club at R.V University Date: 7th November 2023

The installation of the Rotaract Club and its core members (President, Vice President, Secretary, Sergeant in arms, Treasurer) and all chairpersons and directors of the club was conducted on the 7th of November 2023 at the RV University Campus on Mysore Road. The installation began at 5 pm and concluded at 7 pm. The event began with opening remarks by Rtn YSR Murthy, Vice Chancellor, RV University, followed by lighting of the lamp by the dignitaries and an invocation by the members of the music club of RV University, Raag Regime. This was followed by a cultural performance by Expressions, the dance club of RV University. The Rotary E-Club 3191 President Rtn Anupama Ramachandra called the meeting to order and felicitated the badge for Charter Rotaract president Mannat Kaur and Charter Secretary Pranav Devatha. President Mannat Kaur then called the meeting to order once again, and she and Secretary Pranav Devatha delivered their acceptance speeches. Other dignitaries present including Rtr Madhusudhan and Rtr Rohan (Zonal Rotaract Representatives), Rtr Rtn Arun Teja Godavarthi, District Rotaract Representative, Rotary E Club 3191, Rtn Sukshma Rai, Youth Services Director, Rotary E Club 3191, Rtn Subramaniam Rajamani, Past President of Rotary E Club, Assistant Governor of District 3191, and Club Advisor of Rotaract Club, RV University, Rtn Kavitha, Rtn Aruna, Rtn Shiva Subramanyam, Rtn Mamatha Subramanyam, Rtn Surendra Babu, Rtn YSR Murthy, Rtn Yukti Kumar, Faculty Coordinator, Rotaract Club at RV University and others then felicitated the core members, chairpersons and directors with their badges. Rtr Rtn Arun Teja Godavarthi and Rtn Subramaniam Rajamani then addressed the gathering. The vote of thanks was delivered by Charter Secretary Pranav Devatha and the ceremony concluded with refreshments and a photo session with the dignitaries and the members.









NOVEMBER BYTES



Session on Mensural Hygiene at Municipal Girls High School, Kakinada Date: 15th November 2023

Rtn Dr Aruna Muralidharan conducted a session on Mensural Hygiene and interacted with the students of Municipal Girls High School at Kakinada. She also distributed 250 of her books to spread awareness.





Blood Donation Camp at R.V University Date: 24th November 2023

On the 24th of November 2023, Rotaract Club of RV University (Mysore Road) under Rotary E Club 3191 conducted a blood donation drive on its campus grounds. The event was held in collaboration with NCC at RV University, Red Cross, and the Legal Aid and Community Engagement Centre (LACE) at RV University. The camp began at 10am with the ribbon cutting and inaugural ceremony by the Chief Guest and other dignitaries. This was followed by a welcome address by Charter President Rtr Mannat Kaur, Rotaract Club, RV University. The District Governor of Rotary E Club 3191 Mr Uday Kumar Bhaskara then addressed the gathering. A number of dignitaries were present at the camp including Rtr Anupama Ramachandra, Rtn S T Ramachandra, Rtr Rtn Arun Teja, Mr Mohan Nallur, Rtn Subramaniam Rajamani, Mr Ashok, and the team from Red Cross, Rtn. Bhanu Prakash, Faculty coordinator for NCC and Rtn. Yukti Kumar, Faculty Coordinator for Rotaract Club, RVU. The overall turnout of donors crossed the 300 mark by the end of the day at 5 pm.









DECEMBER BYTES



JAAGRUTHI- Awareness Programme on Menopause Date: 2nd December 2023

Rtn Dr Aruna Muralidharan conducted an awareness session on Menopause and prevention on problems on Menopause in association with Rotary E-Club, Rotary Lakeside and Rotary Palmville on 2nd December at Adarsh Palm Retreat .This awareness programme was attended by our President, Secretary and many other women dignitaries.



Club Assembly

Date: 17th December 2023

The club assembly was convened on Sunday, 17th December, 2023 at Jayanagar Cultural & Civic Association Club @ 12 Noon. President Rtn Anupama Ramachandra presided the meeting and addressed the members . Chairperson of all the Avenues of Service briefed on the projects done so far and also discussed on the plans for the rest of the year. An informal meeting with Rtn.Krishnamurthy, USA on International Service Projects was also arranged on that day.









DECEMBER BYTES



HAPPY SCHOOLS PROJECT- Geetha Education Society Date: 19th December 2023

Rotary E-Club of Bangalore donated a colour printer to Geetha Education Society on 19th December 2023. Rtn Mohan Nallur, also promised them to set up a school library with the help of other members.





HAPPY SCHOOLS PROJECT- Sri Anjaneya Swamy High School, Yeliyur, Mandya Date: 29th December 2023

Rotary E-Club of Bangalore donated 5 desktop computers to Sri Anjaneya Swamy High School, Yeliyur , Mandya District on 29th December 2023. The President Rtn Anupama Ramachandra, Treasurer Rtn Ramachandra, Secretary Rtn Mamatha Subramaniam and member Rtn Mamtha S R were cordially welcomed by the host school. The Principal , staff members and the students of the school appreciated the efforts of Rotary E-Club and thanked the members for their support.









DECEMBER BYTES



REPORT BY CLUB ADMINISTRATION- Rtn. Shivasubramaniyam September-December 2023

1. Organised a Zoom meeting on 28th July. Guest speaker PP.Rtn. Dr.Krishna C Murthy, AKS Member, Fort Collin's Breakfast Rotary Club, USA made a presentation on Matching Grants in Rotary.

- 2. Organised a fellowship meeting at the farewell function to the students of SRNG Sampannappa Girls , Girinagar on 3rd August
- 3. Fellowship meeting at DPS E-City, Flag hoisting and Independence Day celebrations 15th August
- 4. Joint meeting with Rotary Bangalore Palmville Zoom meeting by a panel of story tellers on 27th August
- 5. Induction of new member Prof.Piyush Roy at RV University on 15th September
- 6. Fellowship meeting at Rtn.s Mamatha & Shiva 's Residence on 27 th September
- 7. Fellowship meeting at Rtn.s Nivedita & Ashish 's Residence on 6th October
- 8. Fellowship meeting at DPS E-city on7 th October
- 9. Fellowship meeting at Rangashankara on 19th Hosted by Rtn.Mamatha

REPORT BY MEMBERSHIP DIRECTOR- Rtn. Asha- Induction of new member September-December 2023



Dr Bhanu Prakash Nunna, Assistant Professor, School of Law and Executive Director, Centre for Victimology and Victim assistance, RV University



Dr. Piyush Roy, Dean, School of Film, Media and Creative Arts



CONGRATULATIONS TO RECB 3191



TIME TO CELEBRATE THE ACHIEVEMENTS !! NOT ONE BUT TWO INTERACT CLUBS AND ONE ROTARACT !!!HURRAH!!!





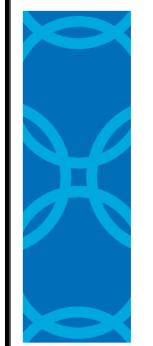
Certificate of Organization This certificate recognizes that the Interact Club of Delhi Public School Bangalore South

Club ID 227946 Established 03 October 2023 has been organized and has agreed, through its officers and members, to be bound by the constitution and bylaws of the Interact program of Rotary International.

Sponsored by the Rotary Club of E-Club of Bangalore District 3190, Karnataka, India

PRESIDENT(S), SPONSORING (LUB(S)







Certificate of Organization This certificate recognizes that the Interact Club of School Of India

Club ID 227957 Established 03 October 2023 has been organized and has agreed, through its officers and members, to be bound by the constitution and bylaws of the Interact program of Rotary International.

Sponsored by the Rotary Club of E-Club of Bangalore District 3190, Karnataka, India

03 October 2023

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Glimpses of events !!









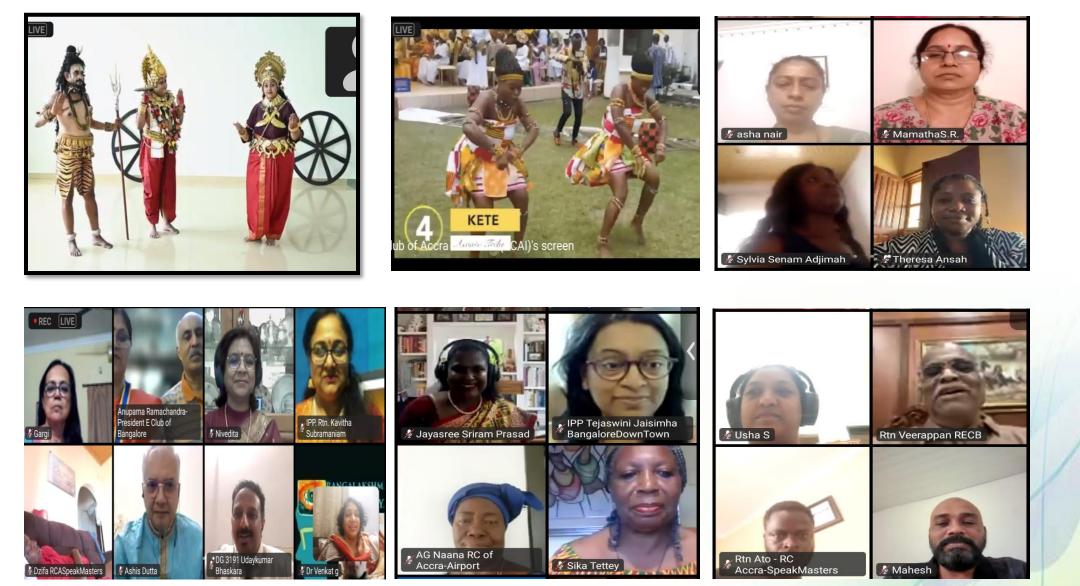






Glimpses of events !!













Rotary E-Club of Bangalore



Musings



Being women somethings are so stereotypical, Often I interact with people of various age groups..from 5 year olds to 60+... And I find it amusing how we women are hard on each other....Young girls attempt to write and re write again and yet again... sometimes they are in a league which is super overwhelming and nothing less than WOW is agreeable to these you minds. A casual middle aged woman when she compliments another for her looks, dressing, appearance, some special skills...more oft'n she is passed off with an unconventional and reluctant nod-- however even a stranger if passes a lay comment about inappropriate dress, style ,walk etc she gets alert and expresses hurt, pain.

She is so vulnerable and easily gives in to any unwelcoming comments.

When I recollect any conversation between two teenage boys ,middle aged men, mostly they keep the conversation light and anything which any man feels is very personal, he simply brushes it aside.Be it a compliment or critical evaluation, furthermore men are forgiving and move on without much grudges.But sadly women carry the misrepresentations, grudge for years together.Is it the society, immediate family, schooling or peers -- or combination of these--- that women seek validation for something as trivial as the khoel eyes or choice of dress.I have heard women passing painful and personal remarks like oh that Ms A she is an irresponsible mother she doesn't even cook for her child ., Ms B ,oh she is a lazy home maker , doesn't even pack her kid's bags, oh Ms C she is over protective mom and has issue with everyone so on and so forth.Each women is trying each day to be better version of themselve- by multi tasking, by upskilling, by expertise with knowledge acquisition ---- how can one being a woman lash out on other ?

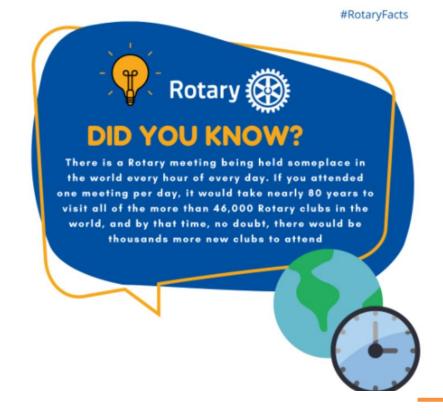
But the need of the hour is;The unrealistic race which she sets for herself -- she just needs to know ,each day - She is Enough ,she is just enough.Let us raise daughters who believe in her dreams, who tries with full conviction, confidence.Let her fumble,fall and get back twice stronger but not give in to mad race of being at the top form everywhere. Let us raise powerful women who fixes each other's crowns.

--Jayasree Krishnan



Pique Your Interest !!



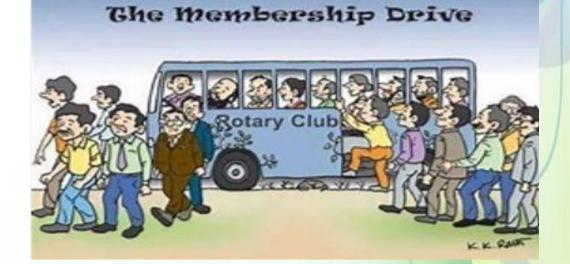




The first Rotary service project was the installation of public toilets in the city of Chicago.

Just For Laughs !!





Put Your Thinking Cap On !

- 1) What is the Rotary International Theme for 2023-24?
- 2) GUESS WHO???









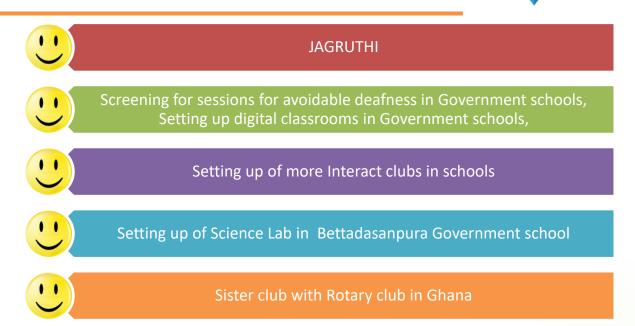








AGENDA FOR 2024



YOUTUBE SHORTS- MUST WATCH

https://youtu.be/hnsU6N10VGk

https://rotary5040.org/sitepage/top-10-reasons-to-join-rotary

https://youtube.com/shorts/FNcA3kU70jE?feature=share

BIRTHDAYS AND ANNIVERSARIES

DATE	BIRTHDAY
12 th January 26 th January	Rtn Mahesh Iyer Rtn Smruti Chenkeswara
DATE	ANNIVERSARY
31st January	Mr and Mrs Rtn V Veerappan

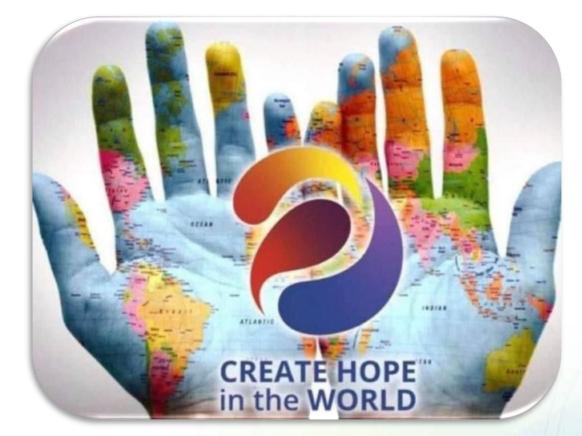






Create Hope In The Norld *Hope for the Downtrodden & Poor • Hope for the Uneducated and Undereducated

- Hope for Better Learning
- Hope for Positive Change
- Hope for Better Projects
- Hope for a Successful Rotary Gear



Start with Rotary and good things happen !!!.

Rotary, Humanity in motion.

Bulletin Editor: Rtn Archana Badri Webpage: rotaryeclubofbangalore3190.org **Facebook Page:** https://www.facebook.com/profile.php?id=100094368115306 <u>&mibextid=ZbWKwL</u>









